

Volunteer Job Description

Title: Food \$ense Nutrition Education Helper – Youth Program

Reports to: Food \$ense Program Coordinators and Educators

Summary: This position supports the Food \$ense Program Coordinators and Front-line staff by performing duties essential for the efficient delivery of the program. Food \$ense delivers nutrition education to low income audiences across Whatcom County. **Youth Programs are mostly K-5, some 6th -7th grades. They are delivered as in-school series of nutrition classes in the classroom, once a week for 6 weeks. There are a limited number of after-school programs. The schools are located throughout Whatcom County.**

Essential Duties for Youth Program Volunteers:

- Assist with in-school and after-school Food \$ense programs
- Set up snack trays in classroom
- Assisting younger kids with snacks
- Assist students when working in small groups
- Supervise hand washing and safe food handling
- Help set up (food, props, games), clean up and help transport supplies from class to class
- Work with students who need individual help on tasks, worksheets, activities
- Help lead class in games/activities
- Helper in afterschool programs (similar to above)
- Assist at family nights and nutrition fairs

Qualifications:

Attention to detail
Experience working with children
Desire to work with large groups of children
Professional attitude
Food Handler's Permit (we will pay for)
Creativity
Oral and written communication skills

Time Commitment: 5 hours per week for each six week series, can do one or more depending on interest. Must commit to complete 6 week series.

Must attend volunteer training, 4 hours minimum

Designated workspace: in classrooms with educators

Benefits: Training, part of great team.