Welcome to the 2007 Whatcom Farm Map & Guide, your resource for finding fresh, local products grown, raised, and caught right here in Whatcom County!

**HOW TO USE This Map**

The Farm Map is a tool to help you Buy FRESH, and one走出去 will be more useful the more you use it with.

1. Think about what you want to purchase, then refer to the Seasonal Guide on the next page. (Available by calling 758-2711)
2. Open the Map all the way up until you see the names of the farmers and locations.
3. Use the Map to find one that fits your needs!

**WHY Eat Local?**

- **Flavor:** Local food means fresher taste and more nutritious value.
- **Economy:** Local food means less fuel for the trip, less pollution, and more farmland.
- **Environment:** Local food means fewer food miles, less pollution, and more farmland.
- **Culture:** Local food means supporting farming families and farmers that connect us to our land and preserve our homeland's rural character.
- **Fun!** Local food means reconnecting with the deeply satisfying process of feeding ourselves from a place and a community.

**Welcome to the Seasonal Guide!**

**Project Producers:**

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Farming is deeply rooted in Northwest trails. This guide is designed to show you where to find local farm fresh products directly from the producers, consciously made available to local retailers, and served eagerly and personally by area chefs. The Buy FRESH program promotes a close connection between you and those in your community who grow your food. Buy FRESH is committed to strengthening our local food system by forming dynamic relationships among local food producers, restaurants, retailers, and institutions.

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Visit with your food dollar—Buy FRESH and Buy Local!

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